

# 5th International Symposium

# ALGOS 2025 RODOS

Endorsed by WIP



25-28  
SEPTEMBER  
2025



[www.algos2025.gr](http://www.algos2025.gr)

RODOS PALACE INTERNATIONAL CONVENTION CENTRE, RHODES ISLAND, GREECE

Organized by



PARH.S.Y.A.

Hellenic Society of  
Pain Management and  
Palliative Care



HELLAS

European Society of  
Regional Anaesthesia - Hellas



1st Anaesthesiology Clinic,  
Pain and Palliative Care Center,  
National & Kapodistrian University of Athens



congresses  
and events

Symposium Secretariat

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## SYMPOSIUM SECRETARIAT



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# INVITATION

Dear Colleagues, Dear Friends,

It is our great pleasure to invite you to **ALGOS 2025**, which will take place from **September 25<sup>th</sup> to 28<sup>th</sup>** on the beautiful island of **Rhodes, Greece**.

This **International Symposium** is organized by the **Hellenic Society of Pain Management and Palliative Care**, in collaboration with **ESRA Hellas** and the **A' Anesthesiology Clinic, Pain and Palliative Care Center, University of Athens**. It is **endorsed by WIP**.

Building on the success of previous meetings - **ALGOS 2002** in Santorini, **ALGOS 2009** in Mykonos, **ALGOS 2013** in Kos, and **ALGOS 2017** in Rhodes - **ALGOS 2025** promises to be another exceptional event.

Our goal is to deliver an **outstanding scientific program**, featuring renowned specialists from around the world, to advance **education in Pain and Palliative Medicine**. Beyond the scientific sessions, a rich social program will offer participants the opportunity to network and experience the stunning beauty and cultural heritage of Rhodes.

**Rhodes**, the largest of the **Dodecanese islands**, is a crossroads of three continents—**Europe, Asia, and Africa**. Known as the **island of the sun**, it is a land of striking contrasts, where medieval history, tradition, and modern life coexist harmoniously. We hope you will take the time to explore its many treasures.

The **Organizing and Scientific Committees** warmly invite you to **join us in Rhodes** to share knowledge, exchange ideas, and contribute to the success of this significant scientific event.

**We look forward to welcoming you in Rhodes in September 2025!**

Presidents of the Organizing Committee

**Serdar Erdine**

*MD, FIPP*

*WIP Founder and Past President*

**Athina Vadalouca**

*MD, PhD, FIPP*

*Immediate Past President of PARHSYA*

*f. Chair of the Advisory Board of WIP*

*ESRA Past President*



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Panagiotis Zis, *Cyprus*



## PRELIMINARY SCIENTIFIC PROGRAM

Thursday, September 25, 2025	
TIME	HALL A
11.00-14.00	<b>Registration</b>
12.00-12.45	<b>ORAL PRESENTATIONS I</b>
12.45-13.50	<b>ORAL PRESENTATIONS II</b>
13.50-14.55	<b>ORAL PRESENTATIONS III</b>
14.55-16.00	<b>ORAL PRESENTATIONS IV</b>
16.00-17.15	<p><b>ROUND TABLE DISCUSSION I</b>  <b>Optimizing Pain Management in Obstetric &amp; Paediatric Patients</b>  <b>Chairpersons:</b> K. Theodoraki, A. Thottungal, E. Kalliardou</p> <ul style="list-style-type: none"> <li>• Integrating a Team – Based Care for Effective Pain Management in Caesarean Sections N. Lucas</li> <li>• To Intervene or Not? RA &amp; Interventional Procedures in Paediatric Chronic Pain Management E. Garini</li> <li>• Autism and Pain in Children P. Sykioti</li> </ul> <p><b>Commentators:</b> K. Stroumboulis, D. Zaimi, M. Drimala  <u>Discussion:</u> 10 min</p>
17.15-17.45	<i>Coffee Break</i>
17.45-19.00	<p><b>ROUND TABLE DISCUSSION II</b>  <b>Great moments in Pain Practice</b>  <b>Chairpersons:</b> G. Votta – Velis, E. Chrona, M. Karavis</p> <ul style="list-style-type: none"> <li>• Lessons Learned in the Translation of Pain Knowledge into Clinical Practice A. Amaniti</li> <li>• Artificial Intelligence to Uncover Signatures of Chronic Pain E. Lykoudi</li> <li>• MGUS Related Neuropathy P. Zis</li> </ul> <p><b>Commentators:</b> A. Kolotoura, A. Tsirogianni, E. Antonopoulou  <u>Discussion:</u> 10 min</p>
19.00-19.30	<p><b>PLENARY LECTURE I</b>  <b>Chairpersons:</b> A. Vadalouca, M. Day, E. Kouroukli</p> <p><b>What is the place of Interventional Pain Procedures in pain medicine?</b>  S. Erdine</p>
19.30-20.30	<p><b>OPENING CEREMONY</b>  <b>Chairpersons:</b> S. Erdine, A. Vadalouca, I. Siafaka</p>
20.30	<i>Welcome Dinner</i>

**Friday, September 26, 2025**

TIME	HALL A	HALL B	HALL C
08.00-09.00		<b>ORAL PRESENTATIONS V TRAINEES' CASE PRESENTATION SESSION</b>	<b>ORAL PRESENTATIONS VI</b>
09.00-10.30	<p><b>ROUND TABLE DISCUSSION III Palliative Care: Where Medicine Meets Humanity</b> <b>Chairpersons:</b> A. Vadalouca, E. Vrachnou, M. Kokolaki</p> <ul style="list-style-type: none"> <li>• The Role of Opioids in the Treatment of Cancer Pain: The Latest Guidelines S. Bosnjak</li> <li>• Ensuring Access to Palliative Care in Armed Conflicts G. Micha</li> <li>• The role of Pain specialist in a Palliative team S. Van den Heuvel</li> </ul> <p><b>Commentators:</b> I. Siafaka, S. Anisoglou, E. Karanika <u>Discussion</u> 10 min</p>	<p><b>09:00 - 10:00</b> <b>"KNOW PAIN, NO PAIN" QUIZ</b> <b>Coordinators:</b> F. Alevrogianni, Chr. Orphanou, Y. Karavis <i>Award winning quiz on pain management</i></p>	
10.30-11.30	<p><b>ROUND TABLE DISCUSSION IV Advancing Palliative Care: The role of Interventional techniques in cancer pain patients</b> <b>Chairpersons:</b> D. Hegarty, A. Tsaroucha, G. Konstantopoulou</p> <ul style="list-style-type: none"> <li>• Osteogenic Pain R. Plancarte</li> <li>• Percutaneous Chordotomy for cancer pain patients M. Akbas</li> </ul> <p><b>Commentators:</b> E. Papageorgiou, Th. Tsoleridis <u>Discussion</u> 10 min</p>		
11.30-12.00	<p><b>PLENARY LECTURE II</b> <b>Chairpersons:</b> N. Rawal, P. Tzimas, A. Bairaktari</p> <p><b>Human Genome and patients response to pain</b> G. Votta – Velis</p>		
12.00-12.30	<i>Coffee Break</i>		
12.30-13.00	<b>SATELLITE LECTURE I</b>		

<b>Friday, September 26, 2025</b>		
<b>13.00-14.15</b>	<p><b>ROUND TABLE DISCUSSION V</b>  <b>Hot topics in Interventional Pain Management</b>  <b>Chairpersons:</b> A. Stogicza, D. Guner, Y. Dionyssiotis</p> <ul style="list-style-type: none"> <li>• Where should I apply RF ablation or pulsed RF? O. Rohof</li> <li>• New modalities in neuromodulation I. Asik</li> <li>• Neurostimulation for peripheral Neuropathy D. Sakas</li> </ul> <p><b>Commentators:</b> E. Episkopou, M. Varveri, S. Poulida  <u>Discussion</u> 10 min</p>	
<b>14.15-15.15</b>	<i>Light Lunch</i>	<p><b>14.30 – 16.30</b>  <b>SATELLITE CLINICAL WORKSHOP</b></p> <p><b>AI in non Invasive techniques for Pain Management and Palliative Care</b>  A. Tsaroucha</p> <p><b>Breaking the cycle of Pain.</b>  <b>Invasive techniques in Pain Management (RF)</b>  I. Kouroukli</p> <p><b>Instructors:</b>  O. Rohof, A. Teixeira, M. Rekatsina</p>
<b>16.00-17.00</b>	<p><b>ROUND TABLE DISCUSSION VI</b>  <b>Cutting- Edge Procedures for Chronic Pain</b></p> <p><b>Chairpersons:</b> R. Plancarte, K. Vagdatli, V. Tsirtsiridou</p> <ul style="list-style-type: none"> <li>• Hypogastric Plexus Block. All we need to know A. Stogicza</li> <li>• Neuromodulation for Complex Facial Pain and Headaches M. Day</li> </ul> <p><b>Commentators:</b> D. Peios, A. Chatzikalfas  <u>Discussion</u> 10min</p>	
<b>17.00-17.30</b>	<b>SATELLITE LECTURE II</b>	

**Saturday, September 27, 2025**

Time	HALL A	HALL B	HALL C
08.00-09.00		<b>ORAL PRESENTATIONS VII</b>	<b>ORAL PRESENTATIONS VIII</b>
08.30-09.15	<p><b>ROUND TABLE DISCUSSION VII</b>  <b>RA &amp; Perioperative Care: Innovations, Challenges, and Future Directions</b>  <b>Chairpersons:</b> E. Stavropoulou, M. Bareka, D. Sarridou</p> <ul style="list-style-type: none"> <li>• Central Neuraxial Blocks: Are We Witnessing their End? P. Gautier</li> <li>• Fascial Plane Blocks in Cardiothoracic Surgery: A Game-Changer for Perioperative Care C. Beckmann</li> </ul> <p><b>Commentators:</b> A.Makris  <u>Discussion</u> 10min</p>	<b>09:00-10.00</b> <b>LIVE DEMONSTRATION</b>	
09.15-09.45	<p><b>PLENARY LECTURE III</b>  <b>Chairpersons:</b> E. Arnaoutoglou, S. Memtsoudis, Pel. Chloropoulou</p> <p><b>Postoperative pain management-lessons learnt in the last 50 years</b>  N. Rawal</p>		
09.45-10.15	<p><b>PLENARY LECTURE IV</b>  <b>Chairpersons:</b> E. Moka, M. Day, T. Sidiropoulou</p> <p><b>Clinical trial design for studies in chronic Pain</b>  S. Cohen</p>		
10.15-11.15	<b>SATELLITE SYMPOSIUM</b>		
11.15-11.45	<i>Coffee Break</i>		

<p>11.45-13.00</p>	<p><b>ROUND TABLE DISCUSSION VIII</b>  <b>Redefining Pain Medicine and Palliative Care: Innovation and Access in the Digital World</b>  <b>Chairpersons:</b> A. Vadalouca, M. Kokolaki, P. Kritikou</p> <ul style="list-style-type: none"> <li>• The Value of Registries in Pain &amp; Palliative Care I. Sifaka</li> <li>• Digital Management of Pain Service and Palliative Care D. Hegarty</li> </ul> <p><b>Commentators:</b> N. Bernali, J. Chronakis, N. Firfiris  <u>Discussion</u> 10min</p>	<p><b>11.45-13.45</b>  <b>ESRA HELLAS CLINICAL WORKSHOP</b>  <b>Ultrasound Guided Peripheral Nerve Blocks (USG PNBs) for Postoperative Pain Management</b>  <b>Coordinators:</b>  E. Stavropoulou – A. Makris  <b>Duration:</b> 120 min  <b>Workstations:</b> 4 (30 min per station)</p> <p><b>INTRODUCTION:</b>  A. Makris</p> <p><b>Station 1: USG PNBs for Upper Limb Surgery</b>  (shoulder, arm, forearm, upper limb procedures).  <b>Instructors:</b> A. Makris, M. Tsagkaris</p> <p><b>Station 2: USG PNBs for Thoracic and Abdominal Surgery</b>  (mastectomy, sternotomy, cholecystectomy, inguinal hernia repair).  <b>Instructors:</b> M. Gkliatis, K. Vitoula</p> <p><b>Station 3: USG PNBs for Lower Limb Surgery</b>  (total hip/knee arthroplasty, endoscopic procedures).  <b>Instructors:</b> M. Bareka, F. Alevrogianni</p> <p><b>Station 4: USG PNBs for Lumbar Spine Surgery</b>  (spinal procedures).  <b>Instructors:</b> E. Koraki, F. Sifaki</p> <p><b>CONCLUSIONS:</b>  E. Stavropoulou</p>
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Saturday, September 27, 2025

<p>13.00-14.15</p>	<p><b>ROUND TABLE DISCUSSION IX</b> <b>Innovative Approaches in Pain Management and Regenerative Medicine</b></p> <p><b>Chairpersons:</b> M. Akbas, M. Varveri, J. Ktistakis</p> <ul style="list-style-type: none"><li>• Biomedical Advances in Mesenchymal Stem Cell Therapy in the Degenerative Spine R. L. Lopez</li><li>• The Anti Inflammatory Action of Pulsed Radiofrequency A. Teixeira</li><li>• The Role of Gut Microbiome in Pain Medicine A. Thottungal</li></ul> <p><b>Commentators:</b> Aik. Gavra, E. Demosthenous <u>Discussion</u> 10min</p>		<p><b>13:45-14:15</b> <b>SATELLITE CLINICAL WORKSHOP II</b></p>
<p>14.15-15.15</p>	<p><i>Light Lunch</i></p>		<p><b>14:30-16:30</b> <b>HANDS-ON WORKSHOP (ON MANNEQUINS)</b> <b>Location:</b> Rhodes General Hospital</p> <p><b>14:30-15:30 Theoretical Introduction</b></p> <p><b>15.30-16.30</b> <b>Hands-on practice in interventional techniques (Intrathecal drug delivery systems)</b> <b>Moderators:</b> D. Hegarty, E. Episkopou, Th.Tsoleridis</p> <p><b>16.30-17.30</b> <b>Hands-on practice on neurostimulators</b> <b>Moderators:</b> E. Kouroukli, M. Day, D. Nomikarios</p>

15.30-16.15	<p><b>ROUND TABLE DISCUSSION X</b>  <b>Education and Training in Interventional techniques for Pain Management</b>  <b>Chairpersons:</b> I. Asik, D. Sakas</p> <ul style="list-style-type: none"> <li>• Evidence-based Ultrasound Guided MSK pain procedures G. Derya</li> <li>• Cervical Lysis. Things to be careful! G. Dagistan</li> </ul> <p><b>Commentator:</b> P. Zavridis</p>		
16.15-17.00	<p><b>MEET THE EXPERTS</b>  <b>Achieve professional goals in RA and pain medicine</b>  <b>Chairpersons:</b> E. Moka, E. Argyriadou, C. Karanastasi</p> <ul style="list-style-type: none"> <li>• Shaping the future: the importance of an academic regional anaesthesia research leadership S. Kopp</li> <li>• Measuring Impact and Success of a Research Fellowship in RA and Pain Medicine S. Memtsoudis</li> </ul> <p><b>Commentators:</b> C. Staikou, E. Papaioannou  <u>Discussion</u> 10min</p>		
17.00-18.00	<p><b>ROUND TABLE DISCUSSION XI</b>  <b>From Pioneers to New Leaders: Generational Perspectives in RA and Pain Management in Greece</b>  <b>Chairpersons:</b> K. Theodoraki, E. Moka, Pel. Chloropoulou</p> <ul style="list-style-type: none"> <li>• Representative of Trainees &amp; Generation Z F. Alevrogianni</li> <li>• Representative of Interventionalists &amp; Millennials Generation M. Rekatsina</li> <li>• Representative of RA, Interventionalists and Generation X D. Sarridou</li> <li>• Representative of RA, Interventionalists and Boomers Generation E. Stavropoulou</li> </ul> <p><b>Commentators:</b> A. Makris, A. Dimakopoulou  <u>Discussion</u> 10 min</p>		
18.00-19.15	<p><b>AWARDS AND CLOSING CEREMONY - CONCLUSIONS</b>  <b>Chairpersons:</b> S. Erdine, A. Vadalouca, I. Sifaka, E. Moka, K. Theodoraki, E. Stavropoulou</p>		
20.30	<i>Congress Dinner</i>		

# GENERAL INFORMATION

## SYMPOSIUM VENUE & DATES

The Symposium will be held in Rhodes Island, Greece, at Rodos Palace International Convention Centre from 25th to 28th September, 2025.

## ABOUT RHODES

Rhodes is well known for its landmarks, architecture and of course long history. Its strategic position brought to the island great wealth and made the city of Rhodes one of the leading cities of the ancient Greek world.

The Rhodes International Airport is the 4<sup>th</sup> largest airport in Greece, reaching 1.785.305 passengers for international flights and 309.895 passengers for domestic flights yearly according to recent reports.

## KEY DATES

Deadline for abstract submission	<b>June 10, 2025</b>
Abstracts acceptance notification of presenters	<b>June 30, 2025</b>
Deadline for reduced registration fees	<b>June 30, 2025</b>
Deadline for full payment of registration:	<b>July 10, 2025</b>

## CONGRESS WEBSITE

[www.algos2025.gr](http://www.algos2025.gr)

## REGISTRATION FEES

FOR INTERNATIONAL PARTICIPATION	
Specialists	345 €
Residents	320 €
Nurses, Technicians, Psychologists, others	320 €
<b>Registration Fees for International Participation include:</b> Attending the Scientific Sessions, Workshops, Visit to the Exhibition area, Congress material, Opening Ceremony & Welcome Dinner on Thursday 25/09/2025, Coffee Breaks, Lunch, Farewell Dinner & Certificate of Attendance for the Congress, VAT	

FOR HELLENIC MEDICAL ASSOCIATIONS MEMBERS	
Specialists	140 €
Residents	120 €
Nurses, Technicians, Psychologists, others	120 €
Students	Free
Workshops	Free
<b>Registration Fees for Hellenic Medical Associations Members include:</b> Attending the Scientific Sessions, Visit to the Exhibition area, Congress material, Coffee Breaks, Opening Ceremony & Welcome Dinner on Thursday 25/09/2025	
<b>Catering Services</b>	90€ per person for the 3 days of the Symposium
<b>Farewell Dinner</b>	80€ per person including transportation

24% VAT will apply on the above (Hellenic Medical Associations Members) Registration fees



## SCIENTIFIC PROGRAM

The Scientific program consists of Lectures, Symposia, Round Table Discussions, Meet the Expert Sessions, free papers and Workshops.

### Free Papers

All accepted abstracts will be presented as free papers during the event, providing an opportunity for authors to share their research with a wider audience. Furthermore, **these abstracts will be officially published in a dedicated Supplement of Pain Practice Journal**, which has an Impact Factor of **2,5** ensuring broad visibility and academic recognition.

## CONTINUING MEDICAL EDUCATION & CONTINUING PROFESSIONAL DEVELOPMENT

The Symposium will be granted with **ECMECs** by the European Accreditation Council for Continuing Medical Education (EACCME).

## CERTIFICATE OF ATTENDANCE

A certificate of attendance will be sent via e-mail to each registered participant, after the end of the Symposium.

## SOCIAL EVENTS

The Opening Ceremony will take place on 25/09/2025 followed by a Welcome Dinner, included in the Registration Fee.

The Farewell Dinner will take place on 27/09/2025. Cost of ticket: 80€ (transportation included).

## INDUSTRY EXHIBITION

An exhibition of pharmaceutical products and medical equipment will be organized during the Symposium.

## ABSTRACT SUBMISSION

Abstracts (up to 300 words) should be submitted to the Symposium Secretariat only on line. Instructions available on: [www.algos2025.gr](http://www.algos2025.gr)

## AUDIOVISUAL EQUIPMENT

Symposium venue will be equipped with data video projectors for PC presentations.

## LANGUAGE

The official language of the Congress will be ENGLISH and no translation will be available.

## SYMPOSIUM SECRETARIAT AND HOSPITALITY DESK

The Symposium Secretariat desk will be located at the Conference Centre and will operate during Symposium hours.

## ACCOMMODATION

To facilitate participants, rooms have been reserved at the Symposium venue Rodos Palace and other hotels of several categories. For information please visit the Symposium website [www.algos2025.gr](http://www.algos2025.gr)

## AIRFARE TICKETS

For air ticket reservations, please contact the Organizing Secretariat and Travel Agency ERA LTD at [info@era.gr](mailto:info@era.gr)

## **ORGANIZING SECRETARIAT & TRAVEL AGENCY**

For Registration, Hotel Accommodation, Social Activities, Travel Services and Sponsoring please contact:



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